

## What about Medical and Prescription Drugs?

### Department of Education and Training (WA) Policy and Procedures Outline

Students on prescribed medication are encouraged, where possible, to take their medication at home.

Students using medication may only carry enough medication for one day's use to school (excluding liquid antibiotics and eyedrops). Prescribed medication should be clearly labelled with the name of the student, date, dosage and frequency.

Medication may be left with the School Nurse for administration when all relevant forms have been completed. Refer to Administration of Medical Policy and Procedures (EDWA 2007) for guidelines on the administration of prescribed and over the counter medications.

Asthmatics are encouraged to carry reliever medication at all times. Ventolin and spacers are always available at the Health Centre and the Library. Teachers are aware of the correct administration of Ventolin (refer to the Asthma Emergency Action Plan).

School camps and excursions: Analgesics and prescribed drugs with a medication request form (to include name at student, dates to be administered, daily dose, frequency) from the parents must be given to the specified teacher.

## Someone to talk to

### School Based

Student Services Team

Middle School - Learning Community Coordinators

Senior School - Year Coordinators

### Community Based

Drug and Alcohol Information Services

Next Step 9442 5000

Parent Drug Information Services

Next Step 9442 5050

North Metropolitan Community Drug Service

Warwick 9246 6767

Youth Link 9227 4300



# Clarkson

## Community High School



### Clarkson Community High School

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# Drug Policy

## Rationale

Clarkson Community High School is committed to a holistic attitude towards a healthy lifestyle inclusive of diet, exercise and self esteem. Drug use is a very complex issue and drug problems result from a combination of many contributing factors. The influence and effects of drug use and abuse on the individual, family and wider community is very evident in today's society. This policy at Clarkson Community High School will address preventive and intervention strategies. This policy and related procedures will be subject to continual review.

## Definition

For the purpose of this document a 'drug' is defined as any substances other than food and water which when taken into the body alters its function physically and/or psychologically.

## Aim

To educate our students for life with the goal of leading healthy, positive and drug free lifestyles. This drug policy seeks to:

- Publish guidelines and sanctions for managing drug use relevant to Clarkson CHS.
- Be consistent with State and Federal laws.

## Clarkson's Drug Education Plan

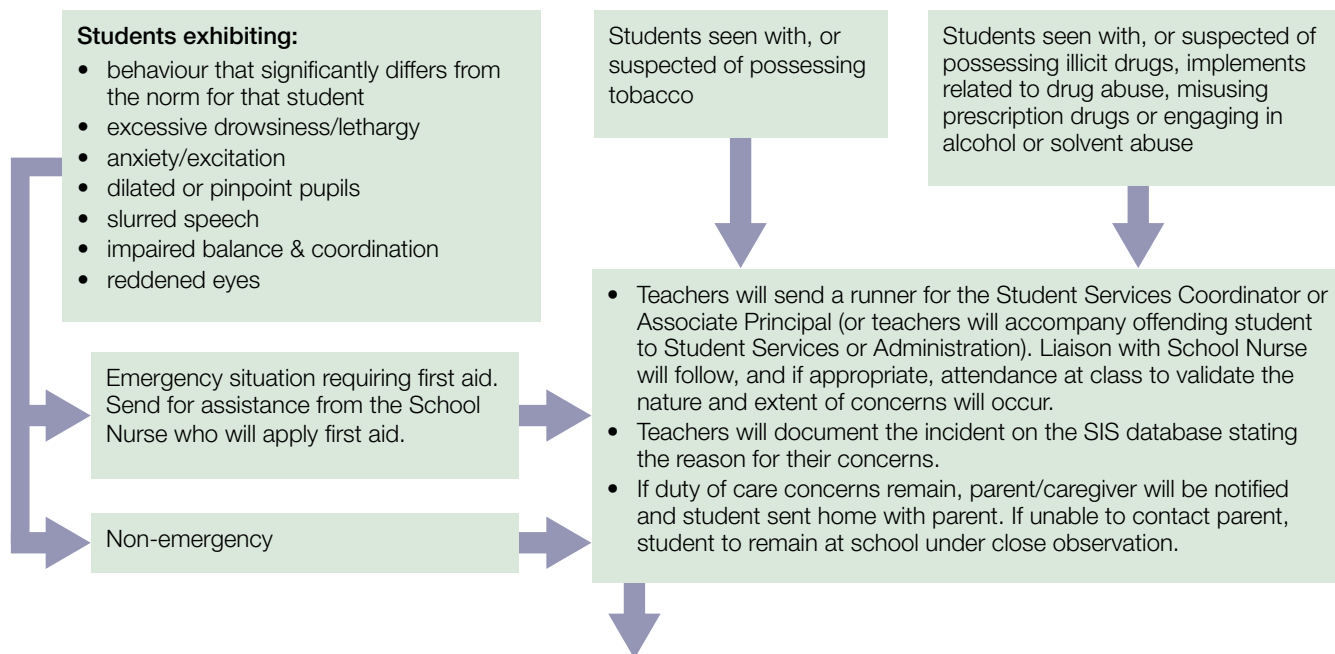
The ethos underpinning all aspects at structure and organisation in this school is that of CARE. This ethos looks towards building strong interpersonal relationships between students and teachers.

Clarkson Community High School aims to provide students with facts and coping skills to use in relation to 'drug' issues. Our program includes:

- A whole school, cross-curricula approach to delivering a message of abstinence and/or harm reduction.
- Providing a supportive system including access to counselling for students and parents when needed.
- Parents awareness evening relating to drug issues.
- Trained staff available to counsel students affected by drug issues.
- Referral and information for families affected by drug use.
- A compulsory health education program in years 8, 9 and 10 that:
  - teaches factual information
  - provides opportunities to clarify attitudes and values
  - encourages the development of interpersonal skills such as self esteem and assertiveness
  - is delivered by specialist staff with current knowledge and skills
- An inter-agency approach will be used, involving the police, community drug service team and allied health agencies.

## Process for intervention

In a situation where behaviours indicate possible health and safety risks to the student and/or others.



## Breach of Policy - Sanctions Applied

### Smoking

#### 1st offence

- Referral to health centre for counselling
- Nurse to send letter to parents offering support strategies

#### Subsequent Offences

- Essay on harms of smoking to be written by student
- Possible suspension for breach of school rules.

### Alcohol/Illicit Drugs

#### 1st offence

- Referral to In Touch trained staff member/Student Services
- Police may be notified
- Student Services/Administration to contact parents. Student sent home with parents. If unable to contact parents, student to remain at school under close observation.
- Possible out of school suspension
- School Nurse/In Touch staff member to contact parents to offer support and access to counselling. Counselling options include:
  - In school counselling with In Touch trained staff member
  - In school group counselling with Community Drug Service Team
  - Out of school counselling with Community base agency, either one to one or group.

#### Subsequent Offences

- Administration/Student Services/School Nurse notification
- Police will be notified
- Student Service/Administration to contact parents. Student sent home with parents. If unable to contact parents, student to remain at school under close observation.
- Further sanctions for breach of school rules.